



BTEC

Personal Growth and Wellbeing Qualifications

Overview Guide

Reflecting key principles that engage learners through practical activities, encourage learning ownership, provide opportunities for personal reflection and promote progression to further study and future employment.



September 2020



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Introduction

The Pearson BTEC Personal Growth and Wellbeing qualifications have been developed to meet the needs of all learners regardless of their age, stage or ability. They have been designed to meet the requirements of the RSE (Relationship and Sexual Education) in England and Wales from September 2020. In addition, they have been developed as replacements for Pearson's current PSD suites (QCF).

Our Personal Growth and Wellbeing suite reflects key principles that engage learners through practical activities, encourage learning ownership, provide opportunities for personal reflection and promote progression to further study and future employment.





PGW Qualification Levels and Sizes

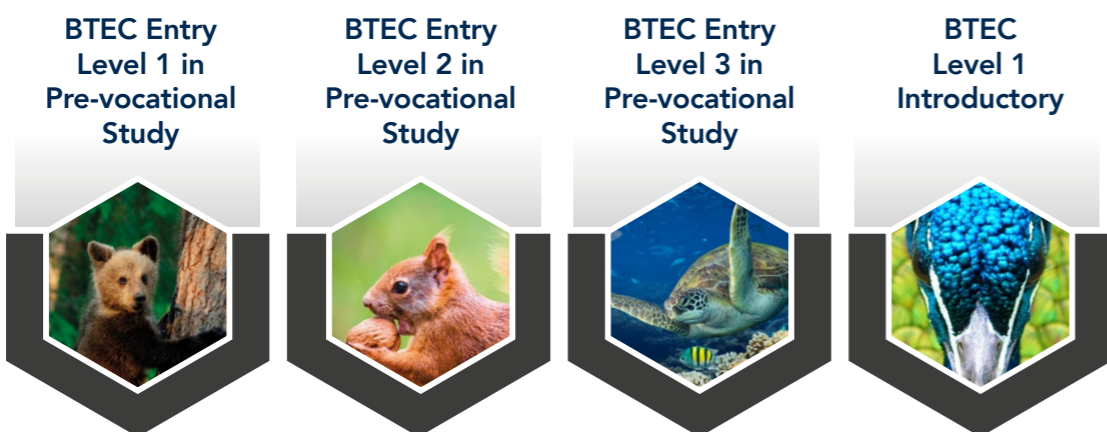
We have developed 3 levels of qualifications that reflect the distinct purposes in response to learners' age and stage of learning. The sizes provide flexibility of delivery and support appropriate learner placement according to both their learning needs, mode of study and planned progression destinations.



Providing a holistic meaningful and engaging learning experience

Our PGW qualifications provide centres with a comprehensive curriculum when combined with other qualifications, as outlined below. These new qualifications are intended to complement and enhance the learning experience and form part of a wider offer of vocational learning.

Explore our flexible, Entry Level and Level 1 Introductory skills-based qualifications, designed to offer your learners the practical skills and confidence they will need to progress.



PGW and Employability

The PGW suites are designed to support individual personal growth and wellbeing. There are elements of employability within the qualifications, however more substantial focused qualifications are available within our Work Skills suite.

New Entry Level employability qualifications (September 2020)

The purpose of developing this employability suite for Entry 1 and Entry 2 learners is to recognise and reward the practical skills and knowledge learners have in obtaining and sustaining job roles. The qualifications have been developed to support and encourage learners to access employment opportunities under supervision.



Suite overview

QAN	Title
603/6154/2	Pearson BTEC Entry Level Subsidiary Award in Personal Growth and Wellbeing (Entry 3)
603/6155/4	Pearson BTEC Entry Level Award in Personal Growth and Wellbeing (Entry 3)
603/6157/8	Pearson BTEC Entry Level Certificate in Personal Growth and Wellbeing (Entry 3)
603/6158/X	Pearson BTEC Entry Level Extended Certificate in Personal Growth and Wellbeing (Entry 3)
603/6124/4	Pearson BTEC Level 1 Subsidiary Award in Personal Growth and Wellbeing
603/6125/6	Pearson BTEC Level 1 Award in Personal Growth and Wellbeing
603/6126/8	Pearson BTEC Level 1 Certificate in Personal Growth and Wellbeing
603/6127/X	Pearson BTEC Level 1 Extended Certificate in Personal Growth and Wellbeing
603/6002/1	Pearson BTEC Level 2 Subsidiary Award in Personal Growth and Wellbeing
603/6003/3	Pearson BTEC Level 2 Award in Personal Growth and Wellbeing
603/6004/5	Pearson BTEC Level 2 Certificate in Personal Growth and Wellbeing
603/6005/7	Pearson BTEC Level 2 Extended Certificate in Personal Growth and Wellbeing

Learner recruitment and level placement

Pearson are expecting our centres to recruit and place learners on qualifications with integrity, recognising learner stage of development and longer term goals. We are expecting tutors to make informed decisions based on learners' previous experiences and initial/diagnostic assessment outcomes.

Qualification sizes and purposes

The qualifications are pass/fail only. They consist of 12 optional units that can be chosen to make up the size of the qualification. Learners following the RSE recommendations will take units 1-4.

Guidance on each qualification size, its purpose and place within a learner's curriculum is listed below.

Qualification	Purposes
Pearson Subsidiary Award in Personal Growth and Wellbeing	<p>The Subsidiary Award in Personal Growth and Wellbeing is intended for learners and is a single unit qualification that compliments a larger programme of study. It is intended for learners who have a specific Personal Growth and Wellbeing development area identified in their progression plan and they will select the unit which meets this skills or knowledge gap within their plan to help them progress to their desired outcome at the end of their study.</p> <p>This qualification sits alongside other knowledge and skills qualifications to form a coherent programme of study or transition programme and is targeted at learners who will specific skills or knowledge to enable them to reach their progression goals.</p>
Pearson Award in Personal Growth and Wellbeing	<p>The Award in Personal Growth and Wellbeing is intended for learners and is a two unit qualification that compliments a larger study programme. It is intended for learners who need to develop skills or knowledge in an area which has been identified within their progression plan. The two unit approach allows for this to be targeted at developing skills and behaviours across a wider curriculum to enhance employability and develop complimentary skills and knowledge components in a programme of study.</p> <p>This qualification would sit alongside other knowledge and skills qualifications to form a coherent programme of study or transition programme and is targeted at learners who will need additional skills and knowledge to enable them to reach their progression goals which will not be included in the other components of their programme of study.</p>

Qualification	Purposes
Pearson Certificate in Personal Growth and Wellbeing	<p>The Certificate in Personal Growth and Wellbeing is intended for learners and is a four unit qualification which allows learners the opportunity to follow the RSE curriculum fully through the first four units. It also allows the flexibility for learners to develop their employability skills across a variety of unit content knowledge and skills and apply these in a range of relevant contexts.</p> <p>This qualification would sit alongside other knowledge and skills qualifications to form a coherent programme of study or transition programme and is targeted at learners who will need substantial additional skills and knowledge to enable them to reach their progression goals which will not be included in the other components of their programme of study.</p>
Pearson Extended Certificate in Personal Growth and Wellbeing	<p>The Extended Certificate in Personal Growth and Wellbeing is intended for learners and is a seven unit qualification which covers the RSE curriculum but also allows learners to further develop personal skills and behaviours to enhance their employability and develop their emotional health and wellbeing.</p> <p>This qualification would sit alongside other knowledge and skills qualifications to form a coherent programme of study or transition programme and is targeted at learners who will need substantial additional skills and knowledge to enable them to reach their progression goals. It will support future employability and provide the knowledge and skills relevant for the workplace and 21st century challenges.</p>

Qualification Content

The qualification content has been designed to provide broad learning themes that are accessible for all learners that may be selected to provide a personalised study programme.

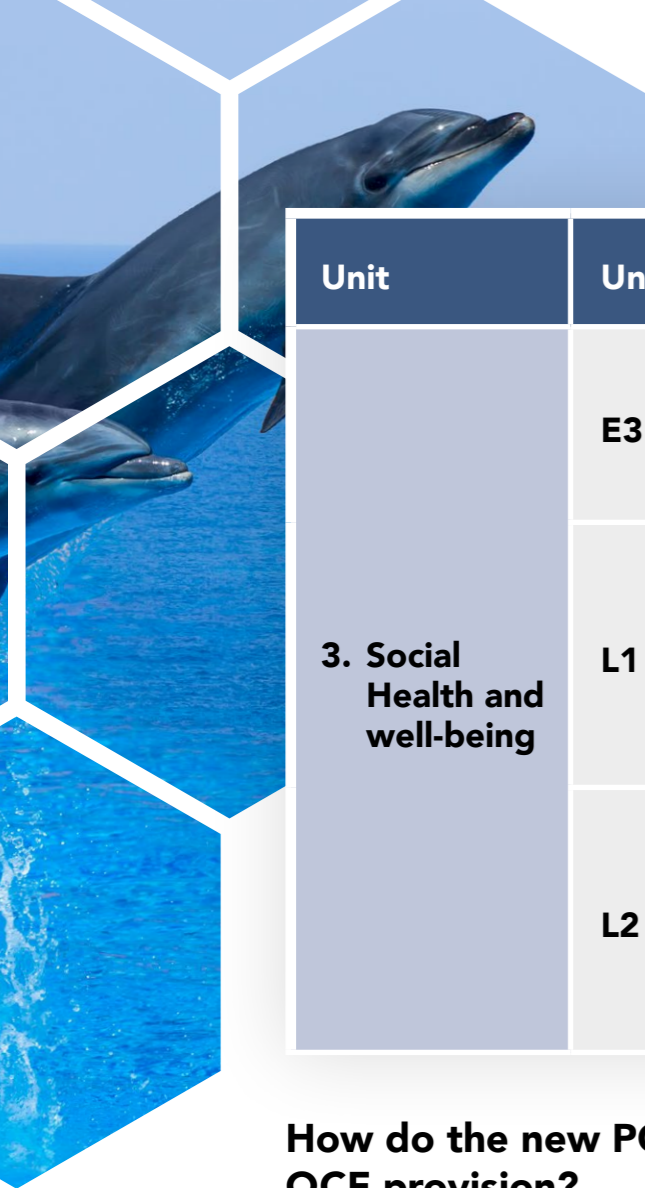
Unit theme		
1. Physical Health and wellbeing	5. Self-Identity and Awareness	9. Money and Finance
2. Emotional Health and Wellbeing	6. Rights and Responsibilities	10. Learning from External Experiences
3. Social Health and Wellbeing	7. Resilience	11. Learning from Outdoor Experiences
4. Sexual Health and Wellbeing	8. the Environment	12. Progression Planning

The difference between PGW and the current QCF provision

The knowledge content of the qualifications is similar across the levels. The differentiation however, is apparent in how the learners respond and use this information based on their own personal experiences, understanding and level of maturity. The extract below highlights these differences:

The table below provides examples of how the qualifications within the PGW suites differ and require less/more demand of learners depending on their stage:

Unit	Unit Titles	Level Differentiators (demand and detail)
1. Healthy Lifestyles	E3 Introducing Personal Physical Health and wellbeing	Learners will consider factors affecting physical health and begin to identify aspects that affect themselves
	L1 Understanding Personal Physical Health and wellbeing	Learners will understand the benefits associated with physical health and well-being and begin to consider how personal improvements may be made
	L2 Maintaining Physical Health and wellbeing	Learners will identify ways to improve or maintain a healthy physical lifestyle for themselves
2. Emotional Health and Wellbeing	E3 Exploring Personal Emotional Health and wellbeing	Learners will explore ways to express their feelings and emotions, in order to promote their own personal emotional health
	L1 Demonstrating understanding of Personal Emotional wellbeing	Learners will understand the importance of addressing emotional health needs, by recognising the impact of situations that may cause stress and anxiety and begin to develop ways to deal with these
	L2 Maintaining Personal Emotional Health and wellbeing	Learners will identify triggers and stressors that impact of emotional health in self and others and consider ways to manage these currently and in the future for self and others.



Unit	Unit Titles	Level Differentiators (demand and detail)
3. Social Health and well-being	E3 Considering choices that affect social health and wellbeing	Learners will reflect and begin to appreciate the value of social interaction and the benefits on social well-being. Based on their current and past interactions
	L1 Making choices that affect social health and well being	Learners will identify opportunities to expand their social interactions, considering the impact these may have on their personal social well-being. They will also be aware of risks involved in engaging with others e.g. on-line activities
	L2 Making informed decisions that impact on social health and wellbeing	Learners will demonstrate a sophisticated approach to social interaction, showing an understanding of the purpose and benefits of relationships but also the recognition of when a relationship needs to be ended

How do the new PGW suites differ from current QCF provision?

- ✓ More practical and engaging for learners
- ✓ Up to date and more fit for purpose
- ✓ Reduced assessment burden – allowing more time for teaching and learning

Example:

Unit 1: Understanding Personal Identity (L2)

Changing This ↓ To this ↓

Learning Outcomes	Assessment Criteria
1 Know about factors that influence personal identity	1.1 Define personal identity
	1.2 Describe the factors that influence own personal identity
	1.3 Describe how these factors affect personal confidence
2 Understand how the media portrays young people	2.1 Discuss different ways the media portrays young people, body image and health issues
	2.2 Explain the impact these images have on self-esteem
Learning Outcomes	Assessment Criteria
3 Be able to link personal identity to making a positive contribution to society	3.1 Make links between personal identity and making a positive contribution to society
	3.2 Plan positive contributions to society

Unit 6: Investigating Personal Identity

Learning Aim	Key Teaching Areas	Suggested assessment Evidence
A. Research factors that influence personal identity	<ul style="list-style-type: none"> • Influences impacting personal identity • Factors that define and affect personal identity • Importance and value of respect for self and others 	<ul style="list-style-type: none"> • A Report, personal log or presentation with information on the factors that influence personal identity
	B. Examine the impacts of personal identity on self and others	

Teaching support and materials

How we are supporting Teaching, Learning and Assessment

Teaching and Learning

- The specifications contain detailed guidance on how to deliver the content of the qualification. Centres are advised to pay close attention to the specification and follow the outlined principals. The specification lists the knowledge and skills learners need to develop in order to meet the requirements of the unit and achieve the overall qualification. The knowledge and skills content reflects the formal teaching required to meet the specified guided learning hours.
- Each unit includes suggested delivery guidance, to help centres plan their teaching and learning.

Learner approaches and content sensitivity

- The PGW qualifications are designed to gain Individual personal responses to the topic and encourage learners to apply their understanding of the topic and how it relates to their past, current and future lives.
- Learners are supported by the use of case studies and scenarios to help encourage discussion.



Assessment

- Each unit contains assessment criteria and assessor guidance on what evidence is required from learners
- The units also contain suggested assessment task/s that meet the criteria. Centres are encouraged to write their own assignment briefs based on learner need and local resources available.
- These suites will follow our Work based learning Quality Assurance model to allow centres the flexibility to claim achievements at any point within the year

Resources

- The following support and guidance documents are available on our website:





For more information on Personal Growth and Wellbeing Qualifications



Visit: quals.pearson.com/BTEC_PGW



Contact us: pearson.com/uk/contact-us.html

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