

Blended learning approach to delivering BTEC International qualifications

September 2021 to August 2022

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Guidance for BTEC International Level 2 and 3 qualifications

Teaching, learning and assessment

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Introduction

As COVID-19 may continue to impact upon teaching, learning and assessment through the academic year, affecting those learners who are part-way through their qualifications and those who are commencing this academic year, we have produced this guidance to support the effective delivery of BTEC course content. We are committed to ensuring that learners continue to benefit from the breadth of content of BTEC qualifications through adaptations in teaching and learning.

This document is intended to provide you with guidance for how you might adapt delivery for the sector's BTEC qualifications in the academic year of 2021-2022.

We will continue to work with our regulators and relevant sector bodies on any possible adaptations or accommodations in line with the relevant policy and regulatory considerations. Key aspects such as social distancing, safety, lost teaching time, subject content and practical activities have been considered from a sector perspective for your reference. However, it should be

noted that all of the guidance provided here must be considered within the context of any relevant guidance issued by your own centre, relevant governing and industry bodies, local and national government.

For further advice and guidance, please refer to the Teaching, Learning and Assessment pages on [Pearson's website](#) or contact us via the [Customer Support portal](#).

We look forward to continuing to support you and your learners throughout this challenging time and wish you well for the coming year.

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Resources

To help you with the delivery of a blended-learning programme, several resources are available. You can purchase digital *Study Texts* and *Teacher Resource Packs* from our website [here](#) to support you with the delivery of our Level 3 International qualifications (2021).

Additionally, there are free resources available [here](#), that support the delivery of Level 3 (2010) QCF qualifications in some sectors. Note that to enter this page you will first need to accept the Terms and Conditions.

Units with resources available will be marked according to the following key:

* Study Text

† Teacher Resource Pack

‡ QCF Guides

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- **Qualifications**
 - BTEC International Level 3 [Qualification] (2020)
 - BTEC Nationals Level 3 [Qualification] (2010 QCF)
 - BTEC International Level 2 [Qualification] (2014)

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Overview: Sport

Adaptations to Assessments in 2021/2022

Please refer to the assessment section on the [International BTEC Adaptations page](#) for adaptations to assessments and qualifications for the 2021-2022 Academic Year.

Please note that not all qualifications can or will be adapted, and it is important that you refer to the relevant adaptation guidance for 2021-2022.

Some qualifications will not be adapted for one of the following reasons:

- An adaptation would impact the reliability and validity of the qualification
- The qualification is a licence to practice or primary purpose is progression to the workplace.

Learner eligibility

There are currently no plans to have these adaptations extend to learners who take assessments in 2022/23, regardless of when they are due to certificate.

Adaptations are only available in this academic year, for assessment due to take place between 1 September 2021- 31 August 2022.

Social Distance

Working with participants/subjects – Some fitness or health monitoring tests may not be possible owing to restrictions relating to the proximity of learners to another person e.g. skin fold tests.

Sports massage/injury treatments – Social-distancing requirements may mean that sports massage/injury treatment techniques cannot be performed on other individuals, unless they are members of the learner's household.

Delivery of individual or group exercise sessions – These could be delivered in an outdoor environment, or through remote delivery.

Practical sports participation – Participation in individual and team sports may be subject to national, local government

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restrictions, or those dictated by specific sports' National Governing Bodies (NGB).

Equipment – The cleaning, access, and shared-usage requirements of sports equipment may limit the delivery and assessment of some units. This may be mitigated for classes/groups if they are permitted to form their own 'bubble'.

Safety

Throughout all teaching and assessment activities, centres must place an emphasis on safety by following Government strategies, local area/authority requirements, and centre policies and procedures to remain safe by preventing cross-contamination and reducing the risk of catching or spreading Covid-19.

Lost time teaching

Centres must focus on ensuring that learners have an adequate foundation for the units that will be delivered in 2021-22. Learners will probably have missed some teaching during early to mid 2021 and tutors will need to in-fill as they deliver the programmes during 2021-22. This will require careful planning, particularly on programmes in which the learners were in other settings during 2020-

21 and are likely to have had varied experiences (e.g. those who start BTEC level 3 in Year 11 in September 2021).

Flexibility of delivery and assessment

There is considerable latitude for the use of diverse delivery models and assessment models. Most assessments can employ written reports, presentations, posters, video or audio recordings and other methods and these can be used in remote delivery. Visits to industries are valuable but not mandatory and work experience is not required in these programmes.

What is important to retain the validity of the sector's qualifications?

As contact time between staff and learners may be limited, centres should prioritise contact time for practical work, as theory can be delivered remotely. Centres may decide to deliver optional units which do not require practical work in assessment. Sports massage is unlikely to be permitted in current conditions, unless the learner was able to practice massage techniques on another family member. We therefore recommended that centres do not deliver sports massage related units this year.

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Are there other methodologies that can be used to support the purpose of the qualification?

As long as practical work is employed where required, a wide range of assessment methods can be used in these programmes. However, time-constrained assessments are likely to be a poor substitute for other methods as they present inappropriate barriers to the demonstration of required learning outcomes. Centres could offer units that require fewer practical activities for the summative assessments. Where units link primarily to practical engagement with others, such as clients or sports participants, centres will need consider the procedures and rigour that may be needed to ensure safety, particularly where the demonstration of practical skills or tests are involved. Field-based fitness testing, and indoor-based fitness tests could be carried out outside if required by national or local government guidelines.

Access to lab-based fitness testing will be limited for many centres, however, learners will still gain experience of administering fitness tests in a field-based environment. Centres can provide learners with 'records of activity' where appropriate, and these can be used as supplementary forms of evidence (they do not confer assessment decisions).

For example:

Observation records

An observation record is used to provide a formal record of an assessor's observation of individual learner performance (e.g. during presentations, practical activities) against the targeted assessment criteria.

The record should be used to enhance and support learner-generated evidence, and should not be used in place of this.

If completing the record for a group of learners, comments need to be individualised for each learner, not generic across the whole group.

Witness Statements

A witness statement is used by somebody other than the assessor to provide a written record of individual learner performance against targeted assessment criteria. This may be an assessor of a different qualification or unit, a work placement supervisor, a technician, a learning resources manager, or anyone else who has witnessed the performance of the learner against given assessment criteria. It can be someone who does not have direct knowledge of the qualification, unit or evidence requirements, but who is able to make a professional judgement about the performance of the learner in the given situation.

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Teaching, Learning and Assessment: SPORT

Unit Title	Remote delivery (✓ / X / partially)	Socially-distanced (✓ / X)	Delivery Guidance
BTEC International Level 3 qualifications in Sport (2021)			
Unit 3 Research Project in Sport <i>Pearson Set Assignment</i>	✓	✓	<p>Learners are asked to carry out research for either qualitative or quantitative data collection.</p> <p>Centres could develop an online/remote method of data collection and ask learners to plan and undertake this for themselves, or could provide learners with raw data collected previously for their interpretation.</p> <p>If needed any data collection activities should be undertaken outside and not in a gym or lab environment unless national and local guidelines permit.</p>
Unit 6 Exercise & Fitness Skills Development	Partially	✓	<p>Learners are asked to undertake pre-screening, safe use of equipment and carry out gym-based induction and exercise sessions.</p> <p>Learners could undertake an online client-screening process. Centres could provide the learners with different case studies, and ask how a risk assessment would be undertaken.</p> <p>Learners could be asked to develop a fitness training or exercise programme, and to plan and undertake this for themselves.</p> <p>Socially-distanced sessions could be organised in a gym environment with limited numbers, ideally 1:1. Sessions should comply with national and local guidelines.</p>

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			Training/exercise can be completed outside and following national and local guidelines.
Unit 7 Personal Training & Programming	Partially	✓	<p>Learners are asked to lead a fitness session for two contrasting clients.</p> <p>Each fitness session could be a physical activity session, and/or an appropriate sport based physical activity delivered to separate clients within the teaching and learning 'bubble'. Sessions can also be completed outside and should comply with national and local guidelines.</p> <p>Live performances can be replaced with pre-recorded performances for analysis. Peer analysis can be replaced with an elite sports performance analysis (live wherever possible e.g. on television or attend a game/event).</p>
Unit 15 Developing Coaching skills	Partially	✓	<p>Learners are asked to prepare sports and activity sessions and demonstrate competent assistant coaching skills.</p> <p>Coaching sessions could be a physical activity session and/or an appropriate sport delivered to a small group, and should comply with national and local guidelines.</p> <p>Live performances can be replaced with pre-recorded performances for analysis. Peer analysis can be replaced with an elite sports performance analysis (live wherever possible e.g. on television or attend a game/event).</p>
Unit 16 Applied Coaching Skills	Partially	✓	<p>Learners are asked to demonstrate competent coaching skills.</p> <p>Coaching sessions could be a physical activity session and/or an appropriate sport delivered, 1-1 or to a small group within a teaching and learning 'bubble' and should comply with national and local guidelines.</p>

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Unit 19 Sport and Leisure Facility Operation	✓	✓	Learners are asked to demonstrate operational skills within different sport and leisure facilities. Operational skills could be practical with socially-distanced sessions.
Unit 28 Fitness Testing	Partially	✓	Learners are asked to safely administer six different fitness tests for a specified individual and record the results. Select tests that can be completed outside and if needed with socially-distanced sessions within a teaching and learning 'bubble'. Follow national and local guidelines. NB – Do not use spirometer or skin fold callipers.
Unit 30 Organising Events in Sport and Physical Activities	✓	✓	Learners are asked to deliver a sport or physical activity event. Learners could plan and deliver a proposed 'online' event related to sport or physical activity to individuals or small groups within a teaching and learning 'bubble'. Follow national and local guidelines.
Unit 33 Rules, Regulations and Officiating in Sport	✓	✓	Learners are asked to officiate in practical sport as an official. Follow national and local guidelines and NGB guidance for all sports – team and/or individual, within a teaching and learning 'bubble'. Competition can be adapted, if required, to conform with national, local, and NGB guidelines.

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Unit 35 Practical Sports Performance	✓	✓	Learners are asked to use practical skills in an individual or team sport. Follow national and local/ NGB guidance for all sports – team and/or individual activity to either individuals or small groups within a teaching and learning 'bubble'.
Unit 36 Functional Sports Massage	Partially	x	Learners are asked to undertake sports treatments for injuries or massage techniques. This is currently <u>not</u> possible as it requires direct contact with another person, and social-distancing would not be maintained. Centres will need to follow national guidance on this, e.g. social-distancing exceptions such as class/year-group bubble or domestic bubble etc.
Unit 38 Coaching Football the Liverpool way	Partially	✓	Learners are asked to deliver a section part, or full, coaching session. Coaching sessions could be a physical activity session and/or an appropriate sport delivered to a small group within a teaching and learning 'bubble' and should comply with national, local and Club guidelines.

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Unit Title	Remote delivery (✓ / X / partially)	Socially-distanced (✓ / X)	Delivery Guidance
BTEC International Level 3 (2010) – Sport			
Unit 2 The Physiology of Fitness	partially	✓	<p>Centres could develop an online/remote method of data collection and ask learners to plan and undertake this for themselves, or could provide learners with raw data collected previously for their interpretation.</p> <p>If needed any data collection activities should be undertaken outside and not in a gym environment unless national and local guidelines allow.</p> <p>NB – Do not use spirometer or skin fold callipers.</p>
Unit 4 Fitness Training & Programming	✓	✓	<p>Learners are asked to plan and monitor performance in a six-week training programme.</p> <p>Centres could ask learners to plan and undertake this for themselves.</p> <p>Activities should be undertaken outside and not in a gym environment unless national and local guidelines permit.</p> <p>Select activities that can be completed outside and if needed with socially-distanced sessions within a teaching and learning ‘bubble’.</p> <p>Follow national and local guidelines.</p>

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Unit 5 Sports Coaching	Partially	✓	Learners are asked to plan and lead effective sports coaching sessions. Coaching session could be an outdoor physical activity session and/or an appropriate sport delivered to a small group within a teaching and learning 'bubble' and should comply with national and local guidelines.
Unit 7 Fitness Testing for Sport & Exercise	Partially	✓	Learners are asked to safely administer (i) four different health monitoring tests for two contrasting individuals, and (ii) select and safely administer six different fitness tests for one selected individual. Select tests that can be completed outside and if needed with socially-distanced sessions within a teaching and learning 'bubble'. Follow national and local guidelines. NB – Do not use spirometer or skin fold callipers.
Unit 8 Practical Team Sports	x	✓	Learners are asked to demonstrate knowledge of the rules and regulations of two team sports. Sessions could be an outdoor, physical activity sessions and/or an appropriate sport delivered to a small group within a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports. Competition can be adapted, if required, to conform with national, local and NGB guidelines.
Unit 9 Practical Individual Sport	Partially	✓	Learners are asked to demonstrate skills, techniques and tactics in two different sports.

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			<p>Sessions could be an outdoor, physical activity sessions and/or an appropriate sport for a small group within a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports.</p> <p>Competition can be adapted, if required, to conform with national, local and NGB guidelines.</p>
Unit 10 Outdoor and Adventurous Activities	Partially	✓	<p>Learners are asked to demonstrate skills and techniques in two different outdoor and adventurous activities with tutor support.</p> <p>Sessions could be outdoor activity sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports.</p>
Unit 13 Leadership in Sport	Partially	✓	<p>Learners are asked to lead a sports activity session. Learners should be working under supervision of qualified leaders.</p> <p>Sessions could be outdoor activity sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports.</p>
Unit 15 Instructing Physical Activity & Exercise	Partially	✓	<p>Learners are asked to deliver a safe and effective exercise session.</p> <p>Sessions could be outdoor activity sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports.</p>
Unit 16 Exercise for Specific Groups	Partially	✓	<p>Learners are asked to deliver safe and effective exercise sessions for three different specific groups.</p>

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			Sessions could be outdoor activity sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports
Unit 19 Analysis of Sports Performance	Partially	✓	Learners are asked to assess a selected athlete undertaking sports performance and provide feedback to the athlete. Sports performance could be an outdoor activity, socially-distanced and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports.
Unit 21 Sport & Exercise Massage	Partially	✓	Learners are asked to demonstrate appropriate massage techniques on two athletes. This is currently <u>not</u> possible as it requires direct contact with another person, and social-distancing would not be maintained. Centres will need to follow national guidance on this, e.g. social-distancing exceptions such as class/year-group bubble or domestic bubble etc.
Unit 22 Rules Regulations and Officiating in Sports	Partially	✓	Learners are asked to effectively officiate in a selected sport. Sessions could be an outdoor, physical activity sessions and/or an appropriate sport delivered to a small group within a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports.
Unit 23 Organising a Sports Event	✓	✓	Learners are asked to deliver a sports event. Learners could plan events online. Sessions could be an outdoor event delivered to a small group within a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports.

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Unit 26 Work Experience in Sport	Partially	✓	Learners are asked to undertake work-based experience in sport. As Work Experience is an optional unit, only deliver if allowed in line with current national and local guidelines. As opportunities may be limited, and if possible, learners could undertake a placement at their own centre.
Unit 27 Technical and Tactical Skills in Sport	Partially	✓	Learners are asked to assess their own abilities in and from a competitive situation. Follow Government/Local Authority/ NGB guidance for all sports – team and/or individual within a teaching and learning ‘bubble’. Competition can be adapted, if required, to conform with national, local and NGB guidelines.
Unit 30 Equipment & Facilities for Outdoor & Adventurous Facilities	Partially	✓	Learners are asked the correct use and testing for three different pieces of equipment used in outdoor and adventurous activities. Individual presentation/video recording of the testing of equipment, or where appropriate, testing can be demonstrated in a socially-distanced group, or a teaching and learning ‘bubble’. Centres must follow national and local guidelines for all activities.
Unit 33 Skills for Land-Based Outdoor & Adventurous Activities	Partially	✓	Learners are asked to demonstrate skills and techniques linked to two different outdoor land-based, and adventurous activities. Sessions could be delivered within a small group, or a teaching and learning ‘bubble’ and should comply with national and local guidelines and NGB guidance for all activities.

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Unit 34 Skills for Water-Based Outdoor and Adventurous Activities	Partially	✓	Learners are asked to demonstrate skills and techniques linked to two different outdoor water-based and adventurous activities. Sessions could be delivered within a small group, or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all water-based activities.
Unit 35 Leading Land Based Outdoor and Adventurous Activities	Partially	✓	Learners are asked to lead a land-based activity Learners should be working under supervision of qualified leaders. Sessions could be outdoor activity sessions delivered to a small group within a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports/outdoor adventurous activities.
Unit 36 Leading Water Based Outdoor and Adventurous Activities	Partially	✓	Learners are asked to lead a land-based activity Learners should be working under supervision of qualified leaders. Sessions could be outdoor water-based activity sessions delivered to a small group or teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports/water adventurous activities.
Unit 37 Outdoor and Adventurous Expeditions	Partially	✓	Learners are asked to undertake two different expeditions demonstrating appropriate skills and techniques. Learners should be working under the supervision of qualified leaders. Where possible sessions should be kept to a full day avoiding overnight expeditions. This should be in an appropriate sport within a small group or teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports/outdoor adventurous activities

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Unit 38 Alternative Pursuits for Outdoor Adventure	Partially	✓	<p>Learners are asked to demonstrate practical skills in two different alternative pursuits.</p> <p>Sessions could be outdoor pursuit sessions and/or an appropriate adventure sports within a small group or teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all outdoor adventure or pursuit activities.</p>
Unit 39 Sports Facilities & Operational Management	Partially	✓	<p>Learners are asked to demonstrate operational skills in three different sports and leisure facility situations.</p> <p>Centres must follow national and local guidelines and NGB guidance for all sports and leisure centre facilities (private and public).</p>
Unit 42 Research Investigation in Sport & Exercise Sciences	Partially	✓	<p>Learners are asked to design and implement a research investigation.</p> <p>Centres could develop an online/remote method of data collection considering the current restrictions. If needed, any data collection activities should be undertaken outside, not in a gym or lab environment unless national and local guidelines permit.</p>
Unit 43 Laboratory & Experimental Methods in Sport & Exercise Sciences	Partially	x	<p>Learners are asked to (i) carry out an assessment of the anthropometric somatotype of an individual, and (ii) follow two different experimental methods to predict the maximum oxygen uptake of an individual.</p> <p>This is not currently possible as requires direct contact with another person social-distancing could not be maintained.</p>

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Unit Title	Remote delivery (✓ / X / partially)	Socially-distanced (✓ / X)	Delivery Guidance
BTEC International Level 2 (2014) – Sport			
Unit 1 Fitness Testing and Training	partially	✓	<p>Learners are asked to carry out different fitness tests.</p> <p>Select tests that can be completed outside and if needed with socially-distanced sessions within a teaching and learning 'bubble'.</p> <p>Follow national and local guidelines.</p> <p>NB – Do not use spirometer or skin fold callipers.</p>
Unit 2 Practical Sport	partially	✓	<p>Learners are asked to demonstrate practical skills, techniques and tactics for an individual sport.</p> <p>Sports performance could be an outdoor activity, socially-distanced and/or an appropriate sport within a small group or a teaching and learning 'bubble', and must comply with national and local guidelines, and NGB guidance, for all sports.</p> <p>Learners are asked to assess the performance of themselves or, others, using live footage and provide a rationale for future improvements.</p>
Unit 3 Outdoor and Adventure Activities	partially	✓	<p>Learners are asked to demonstrate techniques and skills appropriate to outdoor and adventurous activities.</p> <p>Sessions could be outdoor pursuit sessions and/or an appropriate adventure sports within a small group, or teaching and learning 'bubble' and must comply with national and local guidelines, and NGB guidance for all outdoor adventure activities.</p>

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Unit 5 Sports Related Injuries and Illnesses	partially	✓	<p>Learners are asked to demonstrate how to deal effectively with casualties suffering from different injuries and/or illnesses.</p> <p>This is currently not possible as requires direct contact with another person and social-distancing could not be maintained. Centres will need to follow national guidance on this, e.g. social-distancing exceptions such as class/year-group bubble or domestic bubble etc.</p> <p>If allowed, appropriate PPE (disposable gloves, face masks (double or triple layers) and aprons should be used.</p>
Unit 7 Planning and Leading Sports Activities	partially	✓	<p>Learners are asked to plan and lead a sports activity.</p> <p>Sessions could be outdoor activity sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports/outdoor adventurous activities.</p> <p>Planning could be completed online.</p>
Unit 13 Work Experience in the Sports Industry	Partially	✓	<p>Learners are asked to undertake a work-based experience project in sport.</p> <p>As Work Experience is an optional unit, only deliver if allowed in line with current national and local guidelines. As opportunities may be limited, and if possible, learners could undertake a placement at their own centre.</p>
Unit 14 Exercise and Fitness Instruction	Partially	✓	<p>Learners are asked to assist in instructing exercise and fitness sessions for selected clients.</p> <p>Sessions could be outdoor exercise sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports/exercise activities.</p>

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Unit 15 Sport and Leisure Facility Operations	Partially	✓	<p>Learners are asked to set up, check, take down, and store equipment for three different sports activities.</p> <p>Sessions could be outdoor exercise sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sport and leisure operations.</p>
Unit 16 Leading Outdoor and Adventurous Activities	Partially	✓	<p>Learners are asked to lead, with tutor support and under supervision, different outdoor and adventurous activities.</p> <p>Sessions could be outdoor activity sessions and/or an appropriate sport within a small group or a teaching and learning 'bubble' and should comply with national and local guidelines and NGB guidance for all sports/outdoor adventurous activities.</p>
Unit 17 Expedition Experience	x	x	<p>Learners are asked to plan, carry out, and review a multiday expedition, demonstrating the use of relevant skills and the required equipment.</p> <p>Unlikely to be possible as <i>multiday</i> refers to a minimum of two days with one overnight stay.</p> <p>Centres must comply with national and local guidelines and NGB guidance for all sports/outdoor adventurous activities.</p>
Unit 20 Planning and Running a Sport Event	Partially	✓	<p>Learners are asked to contribute effectively to the running of a chosen sports event.</p> <p>Learners could plan and deliver a proposed 'online' event related to sport or physical activity to either individuals or small groups within a teaching and learning 'bubble'.</p> <p>Centres must comply with national and local guidelines and NGB guidance for all sports.</p>